

# BRCA2 and Beyond **CHOOSING POWER OVER FEAR**

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# A LITTLE MORE ABOUT ME





# THREE POWERS



**Knowledge**



**Prevention &  
Early Intervention**



**Joy**



# KNOWLEDGE IS POWER

Knowledge gives us clarity.

Knowledge gives us control.

Knowledge gives us confidence.

Knowledge turns  
fear into *action*.





# POWER OF PREVENTION & EARLY DETECTION

01 Healthy Living

02 Preventative  
Care

03 Preventative  
Surgeries

Prevention is turning knowledge into *action*.





# THE POWER OF JOY

Improved Immune Function

Lower Stress Hormones

Heart Health Benefits

Faster Healing & Recovery

Longevity

Better Coping & Quality of  
Life During Illness









# THANK YOU!

